

Stopping The Pain Of Toothaches

Everyone out there at some point in time, will experience the pain of a toothache. Toothaches are very excruciating, some of the worst pain you will ever feel in your life. Even though you may have had dental work in the past and follow proper hygiene, toothaches can happen at anytime. Although it can be very painful, there are ways to get relief through natural herbal remedies or pharmaceuticals.

If you plan to use herbs, you should use them in tincture form, as the alcohol content will disinfect the area, and help to reduce the inflammation and kill the infection. Once you have the tincture, you should use roughly a teaspoon of it and gently rinse your mouth out. Once you have help it in your mouth a minute or so, you should either swallow it or spit it out. Tinctures are natural remedies that use herbs and alcohol to massage the affected area and stop the pain by numbing the nerves of the tooth that is causing you so much pain.

The best way to deal with toothache is to put out the fire. If you manage to put the fire out, the pain will follow. Even though the pain may go away, the problem will still be there until you go to the dentist and get it treated. Although the dentist is the preferred way to go, you may have to wait on an appointment, or the toothache may occur on a weekend or a time when the dentist isn't available.

Your best advice is to seek dental care ASAP, as the infection can always return at any given time. If you don't get problems fixed as soon as you can, they can spread and cause you more problems with your teeth. Cavities will need to be filled, while the rotten or dying teeth will need to be extracted. If caught in time, the dentist can normally save the tooth via root canal.

The most common way to stop the pain of a toothache is by using a pharmaceutical such as Ambesol. With these types of toothache relief products, you simply rub the ointment on the affected area and it will kill the pain. These products work quickly, although they may not be able to help if the infection has spread or has gotten so bad that the tooth is literally dying.

Another way to stop the pain is to use Tylenol or aspirin. If you are going this route, you should use tablets that dissolve. Simply take the tablet and put it in your mouth, then use your tongue to hold it against your tooth. The aspirin or Tylenol will start to dissolve, and work it's way into your nerve and stop the pain. This is a very effective way to stop the pain, although once the pill dissolves it can leave a terrible taste in your mouth.

The best way to stop the pain is to visit the dentist and have it treated once and for all. Keep in mind that if the problem is an infection, you'll need to use antibiotics until the infection is gone. Once the infection is gone, the dentist will be able to proceed with treatment. Most toothaches are the result of a cavity, which will need to be filled. Anytime you start to experience a toothache you should get it treated. If you aren't able to make it to the dentist, simply get some Ambesol or other product that will give you relief from the pain until you can get to the dentist and get the problem taken care of.

About the Author

Anthony Stai is a proud contributing author and writes articles on several Dental related topics including dental plans. You can see more of Anthony's other articles on his [Self-Improvement eBooks](http://www.self-improvementresources.com) informational web site located at <http://www.self-improvementresources.com>

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